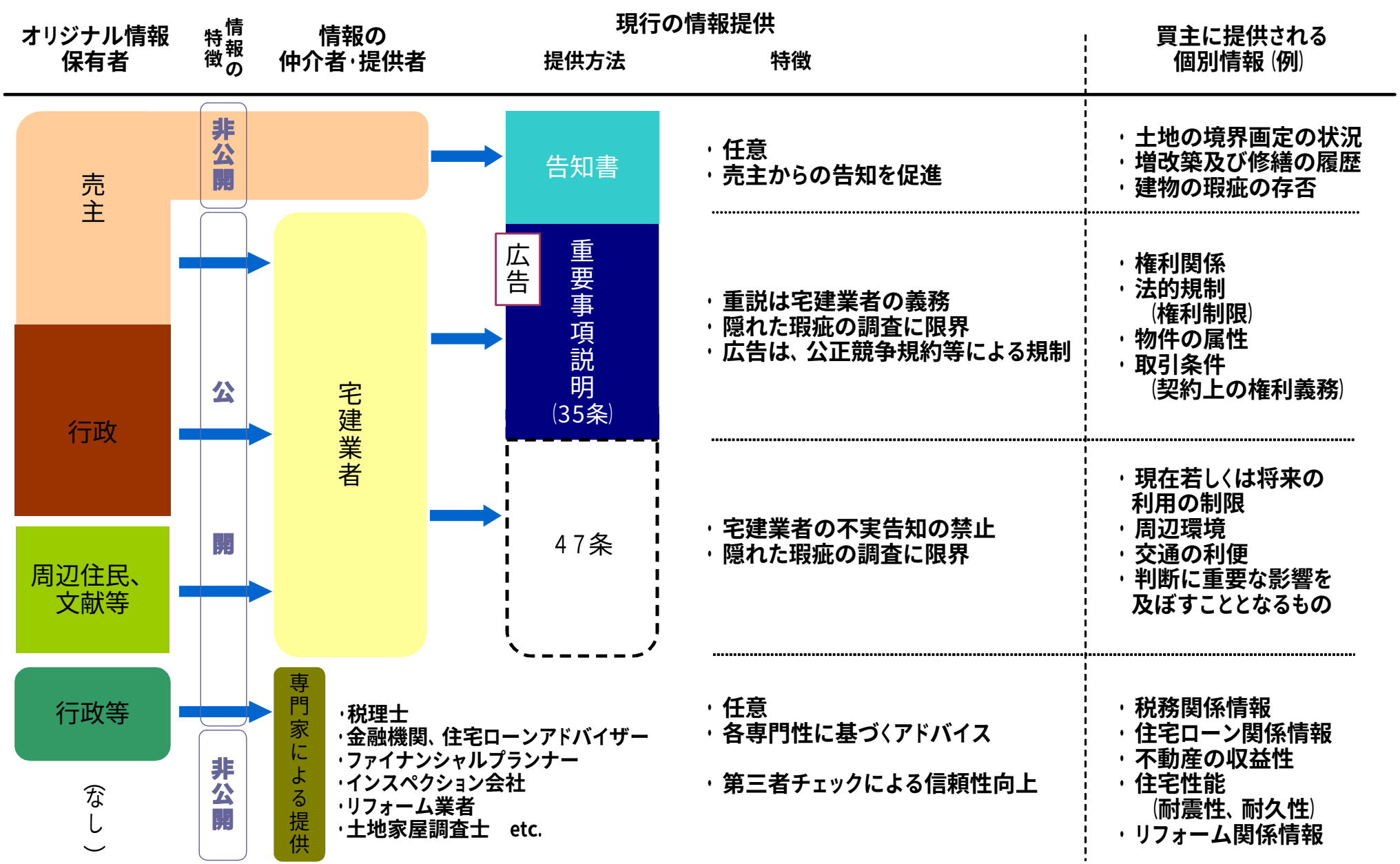情報提供の方法とその特徴