



Diversity of Gourmet Cuisine in Ishinomaki

By Public Transport

Dining

The waters off the coast of Ishinomaki near Kinkasan are considered one of the world's top three fishing grounds, allowing you to enjoy fresh seasonal seafood like sushi and seafood rice bowls year-round. Restaurants also serve a wide variety of genres including Ishinomaki Yakisoba (original fried noodles), Chinese food and Western food.

Location/View	981-0213
Access	Travel by tour: 15 min. via car from berth (7 km) Individual travel: 12 min short walk from JR ISHINOMAKI Station (1 km)
Season	Year-round
Related links	http://www.i-kanko.com/local_info/石巻・特選・金華寿司&金華井

Contact Us [Ishinomaki sightseeing Association]
TEL: 0225-93-6448 | E-MAIL: info@i-kanko.com



Sanma Cuisine

By Public Transport

Dining

At Onagawa port quite a few kinds of fish are landed. Especially sanma - pacific saury, is very popular for its high quality. Restaurants in the town offer sanma cuisine in various ways of cooking. Why don't you try Onagawa's superior sanma?

Location/View	Onagawa, Oshika District, Miyagi, 986-2261
Access	Travel by tour: 40 min. via car from berth (20 km) Individual travel: 5-30 min. walk from JR Ishinomaki line "Onagawa" Station (20 km)
Season	September - December
Related links	

Contact Us [Onagawa tourism Association]
TEL: 0225-54-4328 E-MAIL: seapal@onagawa.org



Anago Rice Bowls

By Public Transport

Dining

Anago (sea eels) are a specialty of Matsushima Bay. While small in size, they are rich in flavor thanks to their savory, fatty bodies. Local restaurants have many ways of preparing them- broiled with sauce, as lightly fried tempura ("Ten-don"), and more. Try an anago rice bowl at restaurants between June and September.

Location/View	Around Matsushima waterfront, Matsushima-machi, Miyagi-gun, Miyagi 981-0213
Access	Travel by tour: 45 min. via car from port (26km) Individual travel: 5-15 min. walk from JR Senseki Line Matsushimakaigan Stn. (26km from port)
Season	Summer
Related links	Matsushima Tourism Association https://www.matsushima-kanko.com/en/

Contact Us [Matsushima Tourism Association]
TEL: 022-354-2618 E-Mail: info@matsushima-kanko.com



Above image is a general representation.



Fisherman Lunch

By Public Transport

Dining

Feast on fresh seafood caught at Oku-Matsushima's fisheries at the guest houses run by local fishermen.

Location/View	Miyato Higashimatsushima-shi, Miyagi ,981-0412
Access	Individual travel:35 min. via car from port(25 km)
Season	Year-round
Related links	Commerce and Tourism Division,Higashi-Matsushima City http://www.higashimatsushima.miyagi.jp/index.cfm/37.html

Contact Us[Commerce and Tourism Division,Higashi-Matsushima City]

TEL : 0225-82-1111

Website : <http://www.higashimatsushima.miyagi.jp/index.cfm/37.html>



Onagawa Town

By Public Transport

Shopping

Onagawa is a small port town located east of Miyagi prefecture, and well known for its fresh seafood. The central town has been completely renewed after the tsunami in 2011. Around the brick-paved street, which is the main street of the town, there are various shops and restaurants with good atmosphere. The seaside park nearby is also nice for a walk.

Location/View	66 Onagawa 2-chome, Onagawa, Oshika District, Miyagi
Access	Travel by tour: 40 min. via car from port (20km) Individual travel: short walk from JR Ishinomaki line Onagawa station (20km from port)
Season	Year-round
Related links	

Contact Us[Onagawa Future Creation]

TEL: +18-225-24-8118 E-Mail: info@onagawa-mirai.jp



Zuiganji Temple (National Treasure) · Godaido Temple

By Public Transport

Main Attractions

Zuiganji Temple is the ancestral temple of the Date clan, rebuilt over a period of five years by Lord Date Masamune. Built in the gorgeous Momoyama style, it continues to serve as a reminder of elegant 'Date' culture.

A symbol of Matsushima, Godaido Temple was built by Jikaku Daishi to house images of the Five Wisdom Kings. This structure is the oldest remaining example of Momoyama architecture in the Tohoku region.

Location/View	91 Matsushima aza Chonai Matsushima, Miyagi District, Miyagi 981-0213
Access	Travel by tour: 45 min. via car from port (26km) Individual travel: 7 min. walk from JR Senseki Line Matsushimakaigan Stn. (26km from port)
Season	Year-round
Related links	Zuiganji Temple http://www.zuiganji.or.jp/

Contact Us[Town of Matsushima, Industries and Tourism Division, Tourism Section]

TEL: 022-354-5708 E-Mail: kankou@town.matsushima.miyagi.jp

Website: <http://www.town.miyagi-matsushima.lg.jp/>

<http://www.facebook.com/visitmatsushima/>



Zuiganji Temple's Main Building(© Zuiganji)



~One of the Three Major Gorges of Japan~ Sagakei Gorge

By Public Transport

Main Attractions

Surrounded by peculiarly shaped rocks that are almost like sculptures, Sagakei Gorge was shaped over many years by rough waves from the Pacific Ocean and wind-driven rain. It is recognized as one of the three major gorges of Japan along with Yabakei Gorge in Oita prefecture and Geibikei Gorge in Iwate prefecture. Popular cruise boats offer a fantastic view of this unique feature and is a favorite activity for foreign tourists.

Location/View	5-1,Kawahara, Miyato, Higashimatsushima-shi, Miyagi 981-0412
Access	Individual travel:31 min. via car from port (22km)
Season	Year-round
Related links	Okumatsushima Public Corporation *Company name changed to"Higashimatsushima Tourism and Products Corporation"on April1,2022. http://www.okumatsusima.jp/

Contact Us 【Okumatsushima Public Corporation】

TEL : 0225-86-1511 | FAX : 0225-86-1545

Website: <http://www.okumatsusima.jp/>



Ishinomori Manga Museum

By Public Transport

Topics

Shotaro Ishinomori was an influential manga artist who authored works like *Kamen Rider* and *Cyborg 009*. The Ishinomori Manga Museum, also known as the Ishinomaki Mangattan Museum, is dedicated to his works. Visitors can fully immerse themselves in Ishinomori's world through interactive attractions, original animation screenings, and physical recreations of his characters and world.

Location/View	2-7 Nakaze, Ishinomaki, Miyagi
Access	Travel by tour:15 min. via car from berth(7 km) Individual travel: 12 min short walk from JR ISHINOMAKI Station (1 km)
Season	Year-round
Related links	http://www.mangattan.jp/manga/

Contact Us 【Ishinomori Mangattan Museum】

TEL : 0225-96-5055 The question form : <http://www.mangattan.jp/manga/contact/>

Website:<http://www.mangattan.jp/manga/>



Ishinomaki Genki Ichiba

only one

By Public Transport

Shopping

Ishinomaki Genki Ichiba is the one-stop-shop for all things delicious from Ishinomaki, from daily groceries to travel gifts. Not only can you easily buy freshly caught, in-season seafood sourced directly from one of the world's richest fishing grounds, but you can also grab a bite of fresh and local food in the food court on the second floor.

Location/View	2-Chome 11-11, Chuo, Ishinomaki, Miyagi
Access	Travel by tour:15 min. via car from berth(7 km) Individual travel: 12 min short walk from JR ISHINOMAKI Station (1 km)
Season	Year-round
Related links	http://genki-ishinomaki.com/

Contact Us 【ISHINOMAKI GENKI ICHIBA】

TEL : The question form : info@genki-ishinomaki.com

Website:<http://genki-ishinomaki.com/>





Kenjo no Sato Ogatsu

By Public Transport

Topics

This center contains a sushi restaurant, cafe, and shops selling Ogatsu specialty goods. There is also a museum dedicated to calligraphy inkstones produced in Ogatsu. Here visitors can enjoy displays of unique inkstones, as well as purchase gifts made from beautiful Ogatsu stone.

Location/View	2-Chome 5, Ogatsu, Ishinomaki, Miyagi		
Access	50 min. via car from berth(31 km)		
Season	Year-round	Parking for tour buses	5 bus
Related links	https://ogatsu-rs.jp		

Contact Us 【Ishinomaki sightseeing Association】

TEL : 0225-25-6844

Website: <http://www.i-kanko.com/>



Whale Town Oshika

By Public Transport

Topics

Whale Town Oshika consists of various facilities including shops and restaurants offering fresh, local seafood. A visitor center here introduces not only the natural environment of the Sanriku Fukko National Park and Oshika Peninsula, but also the lives of the people who coexist with that nature. There is also Whale Land Oshika, a museum dedicated to whales and the whale culture of the Oshika Peninsula.

Location/View	43-1, Ayukawahamaminami, Ishinomaki, Miyagi		
Access	60 min. via car from berth(40 km)		
Season	Year-round	Parking for tour buses	5 bus
Related links	https://oshika.miyagi.jp/		

Contact Us 【Oshika Town Planning Association】

TEL : 0225-24-6644

Website: <https://oshika.miyagi.jp/>



Saito Family Garden

By Public Transport

Topics

Zen'emmon Saito, wealthy landlord and 9th head of the Saito Family, created this traditional Japanese garden. It has gained national recognition for masterfully blending the garden grounds with the surrounding hills to create a single unified space.

Location/View	73, Maeyachi Kurosawa, Ishinomaki, Miyagi		
Access	30 min. via car from berth(15 km)		
Season	Year-round	Parking for tour buses	5 bus
Related links	https://www.city.ishinomaki.lg.jp/cont/20102500/3808/3808.html		

Contact Us 【City of Ishinomaki, Board of Education】

TEL : 0225-95-1111 (5056)

Website: <https://www.city.ishinomaki.lg.jp/cont/20102500/3808/3808.html>





Kinkasan Island

By Public Transport

Topics

Kinkasan Island, situated in the waters off the coast of the Oshika Peninsula, is one of the most spiritual sites in all of Tohoku. Deer and monkey, venerated as messengers of the gods, roam freely here. Legend has it that pilgrims who visit every year for three consecutive years will be financially secure for life. As part of the pilgrimage, visitors can also stay at the shrine's lodgings in the Sanshuden and participate in morning prayers the following day. Casting away worldly desires and misfortune, visitors will feel spiritually purified after participating in the solemn prayer.

Location/View	〒986-1335 Ogatsu, Ishinomaki, Miyagi		
Access	50 min. by car to Ayukawa Port from berth (35km) 20 min. by ferry or charter from Ayukawa to island		
Season	Year-round	Parking for tour buses	
Related links	https://kinkasan.jp/		

Contact Us 【Kinkasan Koganeyama Shrine】

TEL : 0225-45-2301

Website: <https://kinkasan.jp/>



Tashiro Island

By Public Transport

Topics

Tashirojima (Tashiro Island) is a small island of 11km circumference sitting in the Pacific Ocean. Hosting more cats than human residents, it has earned the nickname 'Cat Island.' On the island there is a cat shrine deifying cats, and even cat-shaped lodges designed by manga artists at the campsite "Manga Ai-land." Visitors can also enjoy various outdoor activities, from hiking and cycling around the scenic island to fishing with rental equipment.

Location/View	〒986-0023 24 Tashirohama		
Access	10 min. by car to Kadonowaki Ferry Terminal from berth (4km) 50 min. ferry to island (Ajishima Line)		
Season	Year-round	Parking for tour buses	
Related links	Tashiro Island introduction: https://www.city.ishinomaki.lg.jp/cont/10053500/0050/3639/3639.html		

Contact Us 【Ishinomaki City Hall, Office for Regional Promotion】

TEL : 0225-95-1111

Website: <https://www.city.ishinomaki.lg.jp/index.html>



Jobon no Sato Roadside Station

By Public Transport

Topics

A warm and welcoming atmosphere permeates the wooden lattice architecture of this Michi-no-Eki (roadside station) found along National Route 45 by the Sanriku Expressway. A farmers' market here is stocked with local produce, mochi, prepared foods, seafood products, flowers, rice, snacks and more. Food incorporating locally sourced ingredient is available at the station's food court. Adjoined is also Futago no Yu, an onsen where visitors can enjoy an iron and salt rich bath.

Location/View	〒986-0132 1-1 Kofunakoshi Futagokitashimo, Ishinomaki City		
Access	25 min. by car from berth (15km9)		
Season	Year-round	Parking for tour buses	
Related links	Michi-no-Eki Jobon no Sato https://joubon.com/		

Contact Us 【Michi-no-Eki Jobon no Sato】

TEL : 0225-62-3670

Website: <https://joubon.com/>

