### Tokushima Ramen Noodles

This special local ramen consists of a dark brown pork bone broth and soy sauce soup with salty sweet pork rib meat cooked sukiyaki style and topped with a raw egg. Most locals eat Tokushima ramen noodles together with white rice due to its rich flavor. Restaurants that offer traditional plain yellow white soup are also popular.

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Contact Us: [Tourism Policy Division Tokushima Prefectural Government](mailto:kankouseisakuka@pref.tokushima.jp)
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### SURIMI Fish-Katsu

In Tokushima, the word "katsu" (cutlet) refers to "Surimi" fish-katsu. To make it, minced fish is mixed with curry powder, dipped in breadcrumbs and fried. The spicy flavor and fragrance make it a perfect match for beer. It also goes well with "sudachi" citrus. You can purchase it at supermarkets, "kamaboko" steamed fish cake shops and souvenir shops in Tokushima. It is often enjoyed together with "take-chikuwa," which consists of minced fish wrapped around natural green bamboo and grilled.

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### Sudachi Citrus Products

The refreshing aftertaste and flavor of "sudachi" citrus fruit stimulates the appetite, regardless of whether it is used in western or Japanese cooking. The fruit is a typical specialty item of Tokushima. Its tanginess and refreshing fragrance bring out the flavor of the dishes when squeezed on grilled fish and sashimi, or when its peel is grated as a seasoning. Used in sake, shochu and juice and processed into various snacks, "sudachi" is loved by adults and children alike.

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Awa Indigo Dyed Textiles

Indigo is also known as “Japan Blue” in Japan. Known for its high quality, production of Awa indigo flourished during the Edo period (1603-1867). In Tokushima, the tradition of Awa indigo dyed textiles continues to this day. Indigo dyed textiles are said to have antibacterial, insect repellent and moisture retention properties. Aside from buying ready-made items, there are also workshops and facilities that offer custom-made products made with Awa indigo.

Location/View
Access
Season
Related links

Arudayo Tokushima(Tokushima Communication Plaza treats with local products and Tourist Information)

Located on the 1st floor of Awa OdoriKaikan at the foot of Mt. Bizan, the symbol of Tokushima, “Arudeyo Tokushima” carries a wide selection of specialties from all over the prefecture, including "Wasanbon" sugar, "Naruto Kintoki" sweet potato, Awa indigo dyed textiles, "Shijira-ori" cloth and "Awa Odori" dance goods born out of the rich natural environment, culture and traditions of the prefecture. Enjoy daily Awa Odori dances inside the building along with Tokushima specialties.

Location/View
2-20,Shinmachibashi,Tokushima-city,Tokushima,770-0904
Access
Season
Related links

Naruto Whirlpools

The Naruto Whirlpools are generated by flux and reflux of the tides and are best viewed around high and low tide, each of which occurs twice daily. They are biggest during the spring tide in spring and autumn, growing up to 20 meters in diameter. The intensity of the tides makes them one of the world's three dramatic tidal currents.

The sight of the whirlpools from sightseeing boats or the "Uzu no Michi" observatory 45 meters above the waters is quite impressive.

Location/View
Access
Season
Related links
Tatsue-ji temple (Shikoku 88 Temple Pilgrimage, the 19th)

Tatsue-ji Temple is Temple 19 of the Shikoku 88 Temple Pilgrimage and is famous as a spiritual checkpoint where impurities of the heart are judged. It is also known as Ksitigarbha, the guardian of children. The painting on the ceiling of the main hall, which was rebuilt in 1977 after a fire, is highly acclaimed as a cultural property representing Japanese-style painting of the Showa period (1926-1989). The miniature Shikoku 88 Temple Pilgrimage in the innermost sanctuary is a walking course that takes about an hour to complete.

Location/View
13banchi Aza-Wakamatsu, Tatsue-cho, Komatsushima City, Tokushima, 773-0017

Access
15 min via car from berth (6km)

Season
Year-round

Parking for tour buses
6 buses

Related links
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Website: https://discovertokushima.net/

OTSUKA MUSEUM OF ART

More than 1,000 full-size reproductions of ancient and modern western masterpieces made in ceramic are displayed at the Otsuka Museum of Art, one of the largest museums in Japan. You can compare the "Last Supper" before and after restoration and appreciate the history of western art in chronological order. The full-scaled reproductions of Sistine Chapel in Vatican Museum and Scrovegni Chapel in Padova are sights to behold.

Location/View
65-1 Aza-Fukuike, Tosadomariura, Naruto-cho, Naruto City, Tokushima, 772-0053

Access
Travel by tour: 70 min. via car from berth (40km)
Individual travel: Short walk from Tokushima Bus "Otsuka Kokusai Bijutsukanmae" (40km from port)

Season
Year-round

Parking for tour buses
10 buses

Related links
Contact Us [Otsuka Museum of Art]
TEL:+81-88-687-3737
E-MAIL: info@o-museum.or.jp | Website: http://www.o-museum.or.jp/english/

Tokushima Castle Omote-Goten Garden

Around 1600, it was made as the palace garden for Tokushima Castle. This Momoyama style garden is made of magnificent stones, and has been characterized for using many greenschists (metamorphic rocks) called "Awa no Aoishi (blue stone)". There is a legend that a stone bridge (10.35 meters) of dry landscape was stepping on and cracked by the first lord.

Location/View
1-8, Tokushima-cho-jonai, Tokushima City, Tokushima Prefecture

Access
Travel by tour: 40 min. via car from berth (18km)
Individual travel: 7 min. walk from JR Tokushima Station (18km from port)

Season
Year-round

Related links
Discover TOKUSHIMA Japan
https://discovertokushima.net/en/experience/parks/centralpark/

Contact Us [Tokushima Castle Museum]
TEL:+81-88-656-2525 Website: https://discovertokushima.net/en/experience/parks/centralpark/
Tokushima-Komatsushima Port
Tourist Information

Udatsu Townscape

The Udatsu Townscape prospered as the center of Awa indigo during the Edo period. "Udatsu" refers to the fireproof walls that extend out on the second floor between neighboring houses. There are local produce shops and cafes using Japanese traditional houses in this townscape where the houses that line the street display "Udatsu" as a sign of wealth.

Location/View: Wakimachi, Wakimachi, Mima City, Tokushima Prefecture
Access: Travel by tour: 80 min. via car from berth (67km)
Individual travel: 10 min. walk from JR Anabuki Station (67km from port)
Season: Year-round
Related links: Mima sightseeing bureau

Contact Us: [Mima Tourism Association]
TEL: +81-88-53-8599

Iya-no-Kazura-Bashi (Iya Vine Bridges)

In ancient times, the local people built many of these bridges for daily travel using vines that grow wild in the mountains. However, only two of these vine bridges remain today. The bridges are reconstructed every three years for safety, but looking down at the stream a dozen or so meters below provides an indescribably thrilling experience. Recognized as one of three kinds of unusual bridges in Japan, they are designated as a national important tangible folk-cultural property.

Location/View: 162-2 Zentoku, Nishi-iya-yamamura, Miyoshi City, Tokushima, 778-0102
Access: Travel by tour: 2 hr. via car from berth (135km)
Individual travel: 5 min. walk from Shikoku-Kotsu Bus Stop "KazuraBashi" (135km from port)
Season: Year-round
Parking for tour buses: 34 buses
Related links: Tourist Sites in Miyoshi City
https://miyoshi-tourism.jp/

Contact Us: [Miyoshi Tourism Association]
TEL: +81-883-76-0877
Website: https://miyoshi-tourism.jp/

Awa Odori Kaikan

The facility has a small museum on the history of Awa Odori, and performances of Awa Odori are held daily in the Awa Odori hall. You can also take a trial lesson of Awa Odori.

Location/View: 2-20 Shinmachibashi, Tokushima City
Access: Travel by tour: 35 min. via car from berth (About 18km)
Individual travel: 10 min. walk from Tokushima Bus "Tokushima Station"
Season: Year-round
Related links: Awaodori-kaikan
https://awaodori-kaikan.jp/en/

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Website: https://discovertokushima.net/
The exciting Awa Odori Dance Festival rivals the Carnival in Rio de Janeiro. Around 100,000 dancers gather for the August festival, and around 1.3 million people visit every year. Tourists can easily participate in "Niwaka-ren" dance troupes organized on the spot or in spontaneously formed dancing groups. Performances are held daily at the Awa Odori Kaikan as well, so that you can enjoy the dance all year round.

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<td>August 12-August 15 in Tokushima-city</td>
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