

Tokushima Local Gourmet

By Public Transport

† Dining

[① Tokushima Ramen] This local ramen features a brown pork bone and soy sauce soup, sukiyaki-style sweet and spicy pork ribs, and is topped with a raw egg. [②Fish Katsu] Minced fish is mixed with curry powder, covered in breadcrumbs, and deep-fried to make this fish katsu. The spicy taste and fragrance are top notch. [③ Mametentama] Mametentama is a type of okonomiyaki that is packed with sweetly cooked red kidney beans. The salty-sweet taste is addicting. [④Handa Somen] These hand-pulled noodles are thicker than average noodles and are characterized by their chewiness. These refreshing noodles especially taste great when paired with sudachi.

Location/View	
Access	
Season	Year-round
Related links	Discover TOKUSHIMA Japan https://discovertokushima.net/en/culture/cuisines/









Contact Us 【Tokushima Tourism Association】

TEL: 088-652-8777 / E-MAIL: info@tokushima-kankou.or.jp

Website: https://discovertokushima.net/

Awa Indigo Dyed Textiles

By Public Transport



Indigo is also known as "Japan Blue". Known for its high quality, production of Awa indigo flourished during the Edo period (1603-1867). In Tokushima, the tradition of Awa indigo dyed textiles continues to this day. Indigo dyed textiles are said to have antibacterial, insect repellent, and moisture retention properties. Aside from buying ready-made items, there are also workshops and facilities that allow you to make your own Awa indigo goods.

Location/View	
Access	
Season	Year-round Year-round
Related links	Discover TOKUSHIMA Japan https://discovertokushima.net/en/culture/crafts/awa-indigo-dyed/

Contact Us 【Tokushima Tourism Association】

TEL: 088-652-8777 / E-MAIL: info@tokushima-kankou.or.jp

Website: https://discovertokushima.net/



Arudeyo Tokushima (Tokushima Souvenir and Tourism Plaza)

By Public Transport



Located on the 1st floor of the Awa Odori Kaikan at the foot of Mt. Bizan, the symbol of Tokushima, "Arudeyo Tokushima" carries a wide selection of specialties from all over the prefecture, including "Wasanbon" sugar, "Naruto Kintoki" sweet potatoes, Awa indigo dyed textiles, "Shijira-ori" textiles, and "Awa Odori" dance goods born from the rich, natural environment and the culture and traditions of the prefecture. Enjoy daily Awa Odori performances inside the building along with Tokushima specialties.

Location/View	2-20, Shinmachibashi, Tokushima City, Tokushima, 770-0904 AMP
Access	15 min. via car from Okinosu-soto Wharf (6 km) 35 min. via car from Akaishi Wharf (18 km) Individual Travel: Take the Tokushima Bus and get off at the "Tokushima Station" bus stop. Walk for 10 minutes.
Season	Year-round Year-round
Related links	Discover TOKUSHIMA Japan https://discovertokushima.net/en/shopping/

Contact Us [Tokushima Products Association]

TEL: 088-622-8231 / E-MAIL: info@tokushima-bussan.com

Website: https://discovertokushima.net/







Miharashi no Oka Aisai Hiroba

By Public Transport

🛱 Shopping

Aisai Hiroba is the largest farm fresh market in Shikoku. In addition to the farm fresh market that sells carefully selected, fresh agricultural products and processed goods, there is a buffet-style restaurant that features local ingredients grown for local consumption as well as plenty of seasonal vegetables. You can also find a restaurant, food court, a bakery that uses gluten-free rice flour, and other things. You can truly get your fill of food and agriculture at these facilities. From the hill standing at an altitude of 25.5 m, you can get a sweeping view of the rich, rural landscape and the scenery that changes with

Location/View	Sumiyagadani 47-3, Tatsue-cho, Komatsushima City, Tokushima, 773-0013		
Access	15 min. via car from Akaishi W 30 min. via car from Okinosu- Individual Travel: 13 min. walk	soto Wharf (16	,
Season	Year-round (Closed on the 3rd Tuesday of every month)	Parking for tour buses	3 buses
Related links			

Contact Us 【Komatsushima City Commerce, Industry, and Tourism Division】

TEL:+81-885-32-3809

Website: https://www.city.komatsushima.lq.jp/komatsushima-navi/



Naruto Whirlpools

By Public Transport

Main Attractions

The Naruto Whirlpools are generated by ebb and flow of the tides and are best viewed around high and low tide, each of which occurs twice daily. They are biggest during the spring tide in spring and autumn, growing 20 meters in diameter or more. The intensity of the tides makes them one of the world's three largest tides. The sight of the whirlpools from a sightseeing boat or the "Uzu no Michi" observatory 45 meters above the water is quite impressive.

Location/View	Tosadomariura, Naruto-cho, Naruto City, Tokushima, 772-0053		
Access	35 min. via car from Okinosu-soto Wharf (27 km) 70 min. via car from Akaishi Wharf (40 km) Individual Travel: Take the Tokushima Bus and get off at the "Naruto Koen" bus stop. Walk 10 minutes.		
Season	Year-round : Please check the tide table	Parking for tour buses	Naruto Koen 20 buses
Related links	Uzu-no-Michi, the promenade under the Onaruto Bridge https://www.uzunomichi.jp/lang_en/		

Contact Us [Naruto City Uzushio Tourist Association]
TEL: 088-684-1731 / E-MAIL: info@naruto-kankou.jp
Website: https://discovertokushima.net/



Otsuka Museum of Art

By Public Transport

Main Attractions

More than 1,000 full-scale reproductions of ancient and modern western masterpieces made in ceramic are displayed at the Otsuka Museum of Art, one of the largest museums in Japan. You can compare the "Last Supper" before and after restoration and appreciate the history of western art in chronological order. The full-scale reproductions of the Sistine Chapel and the Scrovegni Chapel are sights to behold. (The photograph is of a display at the Otsuka Museum of Art.)

Location/View	65-1 Aza-Fukuike, Tosadomariura, Naruto-cho, Naruto City, Tokushima, 772-0053		
Access	35 min. via car from Okinosu-soto 70 min. via car from Akaishi Whar Individual Travel: Take the Tokush the "Otsuka Kokusai Bijutsukanm short walk.	rf (40 km) nima Bus and	get off at
Season	Year-round	Parking for tour buses	10 buses
Related links			

Contact Us [Otsuka Museum of Art]

TEL+81-88-687-3737

E-MAIL: info@o-museum.or.jp | Website: https://o-museum.or.jp/en/publics/index/





CRUISE PORT GUIDE OF JAPAN

Tourist Information at each Port

http://www.mlit.go.jp/kankocho/cruise/

Tokushima Prefectural Awa Jurobe Yashiki

By Public Transport

Main Attractions

Tokushima is one of the most prominent places in Japan when it comes to Ningyo Joruri (Japanese puppet theater). Awa Ningyo Joruri performances such as "Keisei Awa no Naruto", which are nationally designated Important Intangible Folk Cultural Properties, are performed every day at the Awa Jurobe Yashiki. Here you can enjoy this traditional performance art that is marked by a strong Japanese sensibility. The tayu (narrator) tells the story with a voice brimming with emotion, the gidayu-shamisen (three-stringed instrument with a thick neck) produces a diverse range of tones that support the narration, and the puppets are operated by three people, a truly unparalleled art. There is also an exhibition room where you can learn more about the puppets, as well as a Japanese-style garden "Tsuru Kame no Niwa" that is from the Edo period.

Location/View	Miyajima Motoura 184, Kawauchi-cho, Tokushima City, Tokushima, 771-0114		
Access	15 min. via car from Okinosu-soto Wharf (7 km) 35 min. via car from Akaishi Wharf (20 km) Individual Travel: Take the Tokushima City Kawauchi circular bus and get off at the "Jurobe Yashiki" bus stop. The bus stop is right next to the Jurobe Yashiki.		
Season	Year-round	Parking for tour buses	6 buses
Related links	Tokushima Prefectural Awa Jurobe Yashiki https://joruri.info/jurobe/		



Contact Us [Tokushima Prefectural Awa Jurobe Yashiki]

TEL:+81-88-665-2202

Website: https://joruri.info/jurobe/

Awa Odori Kaikan

By Public Transport

Main Attractions

This facility has a small museum called the Awa Odori Museum where you can learn more about the history of the Awa Odori. Additionally, Awa Odori performances are held daily at the Awa Odori Hall, and you can even try dancing the Awa Odori yourself.

Location/View	2-20 Shinmachibashi, Tokushima City	
Access	15 min. via car from Okinosu-soto Wharf (6 km) 35 min. via car from Akaishi Wharf (18 km) Individual Travel: Take the Tokushima Bus and get off at the "Tokushima Station" bus stop. Walk 10 minutes.	
Season	Year-round	
Related links	Awa Odori Kaikan https://awaodori-kaikan.jp/en/	

 ${\bf Contact\ Us\ [City\ Promotion\ Division,\ Tokushima\ City]}$

TEL: 088-621-5232



Tatsue-ji Temple (Shikoku 88-Temple Pilgrimage, 19th Temple)

By Public Transport

Main Attractions

Tatsue-ji Temple is temple #19 of the Shikoku 88-Temple Pilgrimage and is famous as a Sekisho temple (checkpoint temple) where impurities of the heart are judged. It is also known as Ksitigarbha, the guardian of children. The painting on the ceiling of the main hall, which was rebuilt in 1977 after a fire, is highly acclaimed as a cultural property representing the Japanese painting style of the Showa period (1926-1989). At the inner sanctuary, there is a roughly 1-hour walking course of a miniature Shikoku 88-Temple Pilgrimage.

Location/View	13 banchi Aza-Wakamatsu, Tatsue-cho, Komatsushima City, Tokushima, 773-0017		
Access	15 min. via car from Akaishi Wharf (6 km) 30 min. via car from Okinosu-soto Wharf (17 km)		
Season	Year-round	Parking for tour buses	6 buses
Related links			

Contact Us [Koyasan Special Head Temple Tatsue-ji Temple]

TEL: 0885-37-1019

Website: https://www.tatsueji.com/english







Udatsu Townscape

By Public Transport

Main Attractions

The Udatsu Townscape prospered as the center of Awa indigo during the Edo period. "Udatsu" refers to the fireproof walls that extend out on the second floor between neighboring houses. This udatsu was a sign of wealth, and nowadays there are produce shops and cafes located in these traditional Japanese houses that line the streets.

Location/View	Wakimachi 92, Wakimachi, Mima City, Tokushima Prefecture
Access	55 min. via car from Okinosu-soto Wharf (54 km) 80 min. via car from Akaishi Wharf (67 km) Individual Travel:10 min. by car from JR Anabuki Station
Season	Year-round
Related links	Mima Sightseeing Bureau https://en.mimakankou.or.jp/event/

Contact Us [Mima Tourism Association]

TEL 0883-53-8599

Website: https://en.mimakankou.or.jp/event/

Awa Odori Dance Festival

only one

By Public Transport



The exciting Awa Odori Dance Festival rivals the Carnival in Rio de Janeiro. Around 100,000 dancers gather for the August festival, and around 1.3 million people visit every year. Tourists can easily participate in "Niwaka-ren" dance troupes or in spontaneously formed dance groups.

Performances are held daily at the Awa Odori Kaikan as well, so you can enjoy the dance all year round.

Location/View	Shinmachibashi 2-20, Tokushima City, Tokushima, 770-0904
Access	15 min. via car from Okinosu-soto Wharf (6 km) 35 min. via car from Akaishi Wharf (18 km) Individual Travel: Take the Tokushima Bus and get off at the "Tokushima Station" bus stop. Walk 10 minutes.
Season	Summer: August 9 - August 11 in Naruto City August 12 - August 15 in Tokushima City
Related links	Discover TOKUSHIMA Japan https://discovertokushima.net/en/topics/awa-odoridance/

Contact Us [City Promotion Division, Tokushima City]

TEL: 088-621-5232

Website: http://www.city.tokushima.tokushima.jp/multilingual/english_portal/tourism_culture/awa_odori/awaodori.html



Hyotanjima Cruise

By Public Transport



You can enjoy an approximately 6 km long, approximately 30-minute cruise around the Shinmachi River and Suketo River that surround Tokushima City. While riding on the water and passing under 22 bridges, you will get a unique view that you wouldn't normally be able to experience of Tokushima City's center, also known as Hyotanjima. Additionally, a new, 12 km long, 40-minute course arriving at the "Tokushima Shinsen Nattokuichi", located near the Okinosu-soto Wharf, has been established. The Tokushima Shinsen Nattokuichi has restaurants where you can taste fresh, Tokushima seafood and brand meats, a fish pond, and a produce museum.

Location/View	Minamiuchimachi 2-4, Tokushima City, Tokushima Higashiokinosu 2-14, Tokushima City, Tokushima	
Access	Ryougokubashi-kitazume Boat Pier:15 min. via car from Okinosu-soto Wharf (About 6 km) Tokushima Shinsen Nattokuichi: 5 min. walk from Okinosu-soto Wharf (About 300 m)	
Season	Year-round Year-round	
Related links	Discover TOKUSHIMA Japan https://discovertokushima.net/en/experience/rivers/hyotanjima-tourboat/	

Contact Us [City Promotion Division, Tokushima City]

TEL: 088-621-5232 Website:

http://www.city.tokushima.tokushima.jp/multilingual/english_portal/tourism_culture/hyotanjima_riverboat/hyotanjima.html







Iya-no-Kazura-Bashi (Iya Vine Bridges)

By Public Transport



In ancient times, the local people built many of these bridges for daily travel using vines that grow wild in the mountains. However, in present day only three bridges remain.

The bridges are rebuilt every three years for safety and to pass down the skills to replace the vines. Famous as one of three of Japan's most unusual bridges, looking down at the stream a dozen or so meters below provides an indescribably thrilling experience. (Nationally designated Important Tangible Folk Cultural Property)

Location/View	162-2 Zentoku, Nishi-iya-yamamura, Miyoshi City, Tokushima,778-0102		
Access	120 min. via car from Okinosu-soto Wharf (116 km) Individual Travel: Take the Shikoku Kotsu Bus and get off at the "Kazurabashi" bus stop. Walk 5 minutes.		
Season	Year-round	Parking for tour buses	34 buses
Related links	Tourist Sites in Miyoshi City https://miyoshi-tourism.jp/		



TEL: 0883-76-0877 I website: https://miyoshi-tourism.jp/

