



Kusaya

By Foot

Dining

Kusaya, a type of strong-smelling salted-dried dish, is a specialty of the Izu Islands. Niijima's kusaya is well known for its freshness and variety. Young Japanese horse mackerel, flying fish, shark and sardines that have been dried whole can also be found.

Location/View	
Access	
Season	Year-round
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/souvenir/

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Tataki (fried fish cake)

By Foot

Dining

Surimi of fish such as mackerel scad, horse mackerel and other fish caught in the waters near the islands and then mixed with seasonings into a paste are known as tataki on Niijima. Because baking soda is also mixed into the paste, it expands with heat, creating a unique tenderness and juiciness. Not only is tataki great with miso soup, the tataki-age, fried in oil is also an exquisite dish that visitors can enjoy.

Location/View	
Access	
Season	Year-round
Related links	

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Akaika yakisoba (panfried noodles with squid)

By Foot

Dining

Akaika yakisoba is a local gourmet specialty of the Niijima brand. Made with the akaika ("red squid" or "swordtip squid") caught in nearby waters and fried with a special type of thick noodles and unique sauce, this is a fried noodle dish with an exquisite taste and aroma that is accentuated by hidden seasonings added individually by each restaurant.

Location/View	The whole area of Tokyo
Access	
Season	Year-round
Related links	

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Island shochu

By Foot

Shopping

Made from barley and high-quality groundwater, many people who try the island shochu (distilled spirits) fall in love with its distinctive and appealing aroma. Barrel-aged shochu is especially popular and goes well with island cuisine.

Location/View	
Access	
Season	Year-round
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Niijima glass

By Foot

Shopping

Kohga stone (Bt rhyolite) is only found on Niijima and the Italian island of Lipari. The stone imparts a transparent olive-green hue to glass products, which include paperweights, drink ware, small dishes and bud vases.

Location/View	
Access	
Season	Year-round
Related links	Niijima Glass Art Center https://www.niijimaglass.org/contents/centerEn.html

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Habushiura Coast

By Public Transport

Main Attractions

This white-sand beach on the island is east coast extends for 6.5 km. Its impressive waves have made it a popular surfing spot.

Location/View	Namure, Niijima-mura, Tokyo, 100-0400
Access	15 min by car from port (4.2km)
Season	Year-round
Year-round	Niijima Tourism Association https://niijima-info.jp/enjoy/beach/habushiurabeach/

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Niijima village Museum

By Foot

Main Attractions

In addition to exhibits on the culture and natural surroundings of Niijima Village, a traditional Niijima-style home has been relocated outside the museum houses the only collection of surfboards in Japan, many from the 1960s.

Location/View	2-36-3 Honson, Niijima-mura, Tokyo, 100-0402 MAP
Access	10 min by car from port (2.8Km)
Season	Year-round
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/raining/485-2/

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Niijima Glass Art Center

By Foot

Main Attractions

The hands-on glass workshop is a popular activity. Visitors can make their own olive-green glass art from kohga stone.

Location/View	Mamashita seaside Rd. Niijima-mura, Tokyo, 100-0400 MAP
Access	15 min walk from port (1.1Km)
Season	Year-round
Related links	Niijima Glass Art Center http://www.niijimaglass.org/contents/centerEn.html

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Exile Cemetery

By Public Transport

Main Attractions

A cemetery for criminals banished to Niijima during the Edo period (1603-1867). Some gravestones are in amusing shapes of things the exiles enjoyed during their life time.

Location/View	3-1-4 Honson, Niijima-mura, Tokyo ,100-0402 MAP
Access	5 min by car from port (2.3Km)
Season	Year-round
Related links	Niijima Tourism Association Niijima Tourism Association

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Yunohama Hot Spring

By Foot

Topics

The outdoor hot spring hugs the coastline and has an eye-catching landmark styled after an ancient temple. Bathing is possible 24 hours a day, the hot spring features a footbath as well as regular baths (bathing suit required).

Location/View	Niijima-mura, Tokyo, 100-0400
Access	10 min walk from port (700m)
Season	Year-round
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/hotspring/yunohama/

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Mamashita Hot Spring (Hot sand baths)

By Foot

Topics

The hot sand baths, created with sand from Habushiura Coast and a natural hot spring, warm the body to the core.

Location/View	Setoyama, Niijima-mura, Tokyo, 100-0400
Access	15 min walk from port (1.1Km)
Season	Year-round
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/hotspring/mamashita/

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Ishiyama Lookou

By Public Transport

Topics

This lookout on Ishiyama, where Kohga stone is produced, offers a majestic view of the ocean stretching out to the horizon.

Location/View	Mukaiyama, Niijima-mura, Tokyo. 100-0400
Access	15 min by car from port (6.0Km)
Season	Year-round
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/observatory/ishiyama/

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Habushiura Coast

only one

By Public Transport

Topics

This white-sand beach on the island is east coast extends for 6.5 km. Its impressive waves have made it a popular surfing spot.

Location/View	Namure, Niijima-mura, Tokyo, 100-0400
Access	15 min by car from port (4.2Km)
Season	通年
Related links	Niijima Tourism Association https://niijima-info.jp/enjoy/beach/habushiurabeach/

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