



Bekkou Sushi

By Foot

Dining

This is a local specialty made from seasonal fish (such as sea bream or parrotfish) marinated in an island soy sauce containing green chilis. Every home, shop, and restaurant makes their Bekkou with its own unique flavor.

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us [Oshima Tourism Association]

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Spiny lobster and Turban shell

By Foot

Dining

Oshima's volcanic reefs are the perfect habitat for Spiny Lobsters ("Ise Ebi" in Japanese). Spiny lobster's succulent texture is one of Oshima's finest feasts.

Turban shells grow larger in Oshima than in other places because Oshima has many high quality seaweeds for turban shells to feed on. Grilled turban shells are especially delicious and smell great too!

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us [Oshima Tourism Association]

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Kusaya

By Foot

Dining

This delicacy is made by soaking fresh fish in a broth called kusaya-jiru, then drying it in the sun. Kusaya has a pungent aroma, but many people get hooked on its unique flavor after trying it just once.

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us [Oshima Tourism Association]

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>





Tsubaki-abura

By Foot

Shopping

Tsubaki-abura is oil distilled from the seeds of *Camellia japonica*, which grows naturally in Oshima. It contains oleic acid and can be eaten or used cosmetically for skin and hair.

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Shochu

By Foot

Shopping

Shochu has been produced on Oshima and the Izu Islands for quite some time. In addition to normal shochu made from potatoes or barley, Oshima also produces a special shochu from ashitaba.

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Mt.Mihara

By Public Transport

Main Attractions

An active volcano that still emits smoke to this day, Mt.Mihara is Oshima's most prominent symbol. There are many related spots in the vicinity (Ura Sabaku Desert, Miharayama Hot Spring, Mihara Shrine, Volcano Museum, etc.).

Location/View	Nomashi, Oshima Machi, Tokyo、 100-0104
Access	Tour::25 minutes by car (12km) from the berth Free :12km by bus from the berth, get off at Mihara-sanchoguchi bus stop
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>





Stratum Section

By Public Transport

Main Attractions

This geological feature was formed over a period of 15,000 years by hundreds of Mt. Mihara's eruptions. It is nearly 30 meters tall and extends over 800 meters.

Location/View	Nomashi, Oshima Machi, Tokyo,100-0104
Access	Tour:25 minutes by car (14km) from the berth Free :14km by bus from the berth, get off at Chiso-danmen-mae bus stop
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Habu Port Townscape

By Public Transport

Main Attractions

The traditional wooden buildings lining the streets of this traditional Japanese port town can give one a sense of nostalgia for times gone by.

Location/View	Habuminato, Oshimamachi, Tokyo,100-0212
Access	Tour:35 minutes by car (22km) from the berth Free :22km by bus from the berth, get off at Habu-minato bus stop
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Fudeshima

By Public Transport

Main Attractions

This cay juts 30 meters out of the sea in the shape of a brush (fude in Japanese). It is a reminder of primeval volcanoes.

Location/View	Habuminato, Oshimamachi, Tokyo,100-0212
Access	Tour:35minutes. by car (20km) from the berth Free :20min. by walk from bus stop, get off at Oshimamachi Rikujo Kyogijo bus stop,20km from the berth.
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL: +081-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>





Izu Oshima Geopark

By Public Transport

Topics

Izu Oshima is located about 110 km south of Tokyo. It is the biggest island in the Izu Island Chain. It is under the jurisdiction of Fuji-Hakone-Izu National Park. About 97% of Oshima is protected by the National Parks Law concerning natural landscapes and the ecosystem. Izu Oshima is certified as a Japanese Geopark because one can learn about the connection between people, geology, and nature while enjoying the natural sights of the island.

Location/View	
Access	
Season	Year-round
Related links	Izu Oshima Geopark http://www.izu-oshima.or.jp/geopark/

Contact Us 【Tourism Division, Oshima Town Office】

TEL:+81-4992-2-1446

Website: <http://www.izu-oshima.or.jp/geopark/>



Hot springs

By Public Transport

Topics

Because it is an Island featuring an active volcano, Izu Oshima has many hot springs. These hot springs allow you to relax and take in the beautiful nature of Oshima.

Location/View	
Access	
Season	Year-round
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL:+81-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>



Camellias

only one

By Public Transport

Topics

It is said that there are about 3 million wild camellia trees in Oshima. These camellias are not only beautiful, but are also indispensable for the daily life of Islanders. They make the camellia oil from camellia seeds and use the trees as windbreaks to protect their fields. At the island's several camellia gardens, you can see a range of camellias with different blooming periods, colors, and size.

Location/View	
Access	
Season	February - March
Related links	Oshima Tourism Association http://www.izu-oshima.or.jp/

Contact Us 【Oshima Tourism Association】

TEL:+81-4992-2-2177

Website: <http://www.izu-oshima.or.jp/>

