**Cape Kamiwarizaki**

Cape Kamiwarizaki is one of the most renowned scenic spots in the Sanriku region. According to local legend, its two massive, pine-covered boulders were split apart by a deity as a compromise to settle a dispute between two neighboring villages. Waves roil through the gap between the boulders before washing up on the white-sand shore. Early birds and photographers flock here from late October to mid-February, when the sun rises right in the slit between the rocks.

The cliffside trails lead through a tranquil pine forest, a striking contrast to the turbulent sea. The nearby campground is equipped with cabins, tent sites, a barbecue space, and other facilities. The whole area is ideal for family fun or a stopover on the way to exploring other attractions of the Michinoku Coastal Trail.