**Intertidal Zone—Sakamoto Seashore**

The Sakamoto Seashore is a rocky beach on Shizugawa Bay, right next to the Minamisanriku Marine Visitor Center. With the rocks along the shore forming a natural barrier against large marine predators, the intertidal zone is an ideal habitat for algae and smaller aquatic creatures. The latter include various types of clams and seashells, hermit crabs, Asian shore crabs, rainbow bottom anemones, Japanese common starfish, and small fish such as the flat-headed goby and the fork-tongued goby.