**Hiking Toba**

A few hiking trails can be found on the islands of Kamishima and Sugashima.

On Kamishima, located some 40 minutes from Toba Municipal Ferry Port, a nature trail takes visitors for roughly two hours to a variety of sites along the coastline, including limestone formations and a lighthouse. On Sugashima, a 15-minute ferry ride from Toba port, trails lead to military ruins and the summit of Mt. Oyama, home to many species of plants and animals. Note that the only restroom facilities are located at the islands’ ports, which also serve as trailheads.