

Listed as one of the 100 best waterfalls in Japan, Naena Taki Waterfall is a must-see spot if you're in the Myoko area. Just a short fifteen-minute hike from the parking area, the waterfall is surrounded by the area's lush nature and scenic mountains. The leisurely hike leading up to the main waterfall area takes you over picturesque suspension bridges and between stunning foliage all the way up to the waterfall. The fall has a drop of 55 meters and is at its best during mid-October when the autumn leaves start to change color.

After you've made your way back down, you'll find a café and restaurant in the rest area. Here you can eat *nagashi somen* (flowing somen noodles) made using fresh mountain water during the warmer months. When the weather cools down, seasonal specialties such as *kinoko* mushroom *soba* are available. If you're in a rush, opt for a soft cream cone for the road. Please note that the waterfall is closed to visitors from early December to mid-April.