Nakamura and Awagamachi was a post town for Edo- (1603–1867) and Meiji-period (1868–1912) travelers on the road between the northern mining towns and the port at Himeji. At their peak, Nakamura and Awagamachi contained over forty shops. Completion of the improved Silver Mine Carriage Road (the Ikuno Kozanryo Bashamichi, now known as the Gin no Bashamichi) in 1876 increased the ease and speed of travel through the area.

Today, two buildings remain from the Edo Period: the Takeuchi residence and the former Nambashuzo sake brewery. Wooden panels reminiscent of the Edo Period cover the Carriage Road community center, and the town's garbage drop-off location has been disguised as an old storehouse. Another place of historical interest is the Awaga horse station (*umaya*), where travelers from the Bantan train line would change horse-drawn carriages.

The area produces several types of green tea, including *senreicha*, *hojicha*, and *konacha*. In May, visitors can pick tea leaves in the local tea fields, then return to town and fry them in tempura batter for a tasty snack.