

Oku Daisen

Overview

Oku Daisen is a highland plateau on the southern side of Mt. Daisen, surrounded by beech forests. The area features a network of hiking trails leading to three mountains, boasts some of the highest quality water in the region, and offers excellent skiing opportunities in winter. This area is home to a rare high-elevation wetland habitat. One part of the highlands, called Kagamiganaru, is covered by fields of Japanese silver grass (*Miscanthus sinensis*) that wave and shimmer in the early autumn sun. On clear nights, the wide open plateau offers some of the most spectacular stargazing in the region.