The Gyoja Mountain Trail runs through a forest that includes beech trees, Mongolian oaks (Quercus crispula Blume), painted maples (Acer pictum Thunb.), redvein maples (Acer rufinerve), and willows (Salix sieboldiana Blume). This vast forest is beautiful throughout the year, from green leaves in spring to colorful foliage in autumn. Mt. Daisen is a sanctuary for wild birds. More than 100 species have been recorded on the mountain, including summer breeders such as the narcissus flycatcher (Ficedula narcissina) and blue-and-white flycatcher (Cyanoptila cyanomelana), and residents like the varied tit (Parus varius) and the coal tit (Periparus ater). Many small mammals, land snails, and over 1,000 species of insects live on Mt. Daisen, forming a rich biodiversity and stable ecosystem.