### Azamidani Valley Bird Watching

A number of wild bird species, some migratory, populate this area of the forest, and come to the small pond. The summer months are especially good for birdwatching.

# Narcissus flycatcher

The narcissus flycatcher migrates long distances, arriving in this area in spring and summer. The male has a distinctive pattern of a black crown and bright orange throat, while the female plumage is largely brown tones. The male's song is a melodious series of whistles.

#### Varied tit

While a member of the tit family, the varied tit is quite different than the others. Its plumage of a brown chest and blue-gray wings is striking. The varied tit can be seen here year-round, often feeding by holding acorns in its feet, cracking them with its strong beak.

#### Blue-and-white flycatcher

This member of the flycatcher family is also migratory. It winters in south-east Asia, but can often be seen in this forest in the summer. The male, with a striking contrast of a blue back and white chest, tends to perch for long periods of time on the ends of high branches and has a beautiful singing voice. It repeats a pattern of leaving its perch to catch insects in mid-air and returning.

## Japanese bush warbler

The Japanese bush warbler, once known as the Japanese nightingale, is more often heard than seen. It holds a special place in the hearts of Japanese and is a frequent motif in poetry. Its breeding call, "ho-hokekyo," can be heard from early spring. In winter, it moves to lower elevations.