

## **Takeno Coast: Activities**

Four large beaches and an abundance of nature make the Takeno Coast region a good destination for outdoor activities and enjoyment of the seaside.

- Takeno Beach is the perfect family-friendly location, with calm and shallow water and minimal waves.
- Benten Beach is situated next to a pine forest and frequented by campers who tend to set up tents right on the beach under the shade of the trees.
- Aoi Beach is an ideal spot if visitors are planning to bring along pets, since it is the only animal-friendly beach in the area.
- Kiriham Beach, located the farthest west, is relatively unknown and does not draw as many people as the other beaches; it is also very swimmable, since the waters are calm.

Visitors are also encouraged to trek out to the Nekozaki Peninsula adjacent to Takeno Beach, which leads out to a lighthouse and great lookout points for enjoying vistas of the coast as well as magnificent sunsets. This trek is a moderately easy hike and is replete with wonderful views of nature and seasonal flowers.

For those seeking to enjoy the sea, equipment rental and instruction is available for a number of water sports and experiences, including snorkeling, diving, paddle boarding, and kayaking. A guided tour of the coastal scenery is a recommended activity. Visitors can paddle their own “Geo Canoe” through the crystal clear waters to get a closer look at the coastline’s unique rock formations, accompanied by an expert on the area. Reservations should be made in advance to participate in any particular activity.