

Mt. Nishibetsu Trekking Trail: alpine flowers and panoramic views

The Mt. Nishibetsu Trekking Trail's main draws are panoramic views from the summit of Mt. Nishibetsu (799.5 m) and vast fields of colorful alpine flowers that brighten the mountain's slopes in June and July.

The trail from the Nishibetsu-goya (mountain hut) parking lot to the summit is a challenging ascent for novice hikers. The path is rocky and narrow in places, and the aptly named Gamanzaka ("Tough-it-out Slope"), a very steep section near the start of the ascent, is a definite trial.

For a spectacular and memorable trek, try the hiking trail that links the peaks of Mt. Mashu and Mt. Nishibetsu. Note that transportation will need to be arranged at either end of the trail since this is not a loop course.