

## Hiking and Mountaineering

The mountains around Arupa Komakusa offer a variety of hikes, and nearby Mt. Akita-Komagatake and Mt. Nyutozan have routes for all experience levels. From easy half-day hikes to full-day treks traversing ridgelines and summiting peaks, the mountains have something for everyone.

The forests and alpine plants that can be seen while hiking make it clear why Mt. Akita-Komagatake is listed as one of Japan's top 100 mountains for enjoying alpine wildflowers. The Arupa Komakusa building itself is named after an alpine flower—the pink-blossomed *komakusa* that represents Mt. Akita-Komagatake.