

**Obandaira**

Obandaira refers to the grassland atop a forest-covered mountain range on the Tokura Peninsula. Rising to 386 meters above sea level, Obandaira is the perfect place along the Michinoku Coastal Trail to test your hiking legs. The trail starts a short distance from the Ishinomaki Riverside Visitor Center and winds through shading Japanese fir and beech trees. The area is home to a wide variety of fauna, including the endangered Japanese golden eagle.

Upon arrival, Obandaira offers a panoramic view of Shizugawa, Oppa Bay, Nagatsura Lagoon, and even sacred Kinkasan Island in the distance. In summer, Obandaira is used as a pasture for local dairy cows.