

Walking from the Odo Coast to Kashiwajima

For some of the best ocean views in Kochi Prefecture, seek out the hiking trail that runs westward along the cliffs from the Odo coast to the island of Kashiwajima. Walkable in 30 to 90 minutes depending on your pace, the trail is lined with *ubame-gashi* oak trees, which provide shelter from the elements while allowing hikers to take in some of the ocean breeze. You will also come across many other plants along the route to Kashiwajima.

[Captions]

The cliffs along the Odo coast are up to 140 meters high.

Kannon Rock near Kashiwajima, named after its resemblance to the Buddhist deity Kannon, the bodhisattva of mercy.

An *ubame-gashi* oak tree “tunnel.”

Kashiwajima and its famous azure sea.

Tuna farming at Kashiwajima.

Dishes incorporating red sea bream (*madai*) grown at Kashiwajima are a local delicacy.