

Mt. Sanbe Hiking Trails

From this point near Mt. Taiheizan's summit (854 m), several trails traverse the area around Mt. Sanbe. The Traversal Trail northward leads to the peak of Mt. Mesanbe (957 m), categorized as an easy hike. The Traversal Trail also leads south to Mt. Magosanbe (907 m), a hike that ranges from easy to moderate difficulty. Another easy route, which eventually connects to the Chūgoku Nature Trail, leads to scenic Muronouchi Pond and an area known as the "Bird Hell," where escaping volcanic gases sometimes kill wildlife.

Visitors interested in a longer walk should head toward Mt. Magosanbe, then continue on toward Mt. Kosanbe (961 m) to the summit of Mt. Osanbe (1,126 m), the pinnacle of the Mt. Sanbe region. Hikers on this route will encounter conditions ranging from easy to difficult.
