

Boundless Outdoor Activities

Kamikatsu's forests and natural environment offer a wide variety of outdoor activities.

Nordic Walking

Certified instructors from the Kamikatsu Nordic Club offer six Nordic walking tours of various difficulty levels, ranging from beginner to advanced. The courses navigate Kamikatsu's rice terraces, forests, and Lake Bishu.

Hiking

Mt. Takamaru

Mt. Yamainu

Forest Yoga

Mt. Yamainu

Kayaking

Lake Bishu

Waterfall Climbing

Tonokawauchi Valley

Stand up Paddle Boarding

Lake Bishu

***Amego* (Red-spotted masu salmon) and *Ayu* (Sweetfish) Fishing**

Katsuura River

Asahi River

Glamping

Tsukigatani Onsen area

Annotani area

Camping

Tsukigatani Onsen area

Indoor Rock Climbing

Inside Pangaea Field playroom