Lake Tokura Pump Track

Lake Tokura is home to Yamagata Prefecture's first pump track. This 65.2-meter-long modular loop course features a series of rollers and banked turns that cyclists, skateboarders, and rollerbladers use to build momentum. In addition to the pump track, there are ramps that can be used to practice tricks and a large trampoline.

The pump track is open from late April until the end of October. It operates from 5 p.m. to 8 p.m. on Mondays, Wednesdays, and Fridays, and from 10 a.m. to 8 p.m. on weekends. There is an hourly fee to use the facilities. Visitors can rent equipment for a fee, or bring their own. Each activity is available on a first-come, first-served basis, so visitors may have to wait their turn.