Terrace Theater: Nakasenuma Sightseeing Trail

Nakasenuma is one of many ponds and lakes created after the 1888 eruption of Mt. Bandai. This level, 1.2-kilometer trail takes hikers past small hills formed by debris flows after the eruption, to an observation deck near the pond. The observation deck affords a view of the pond with Mt. Bandai in the background. A crater is visible in the side of the mountain that was formed when one of Mt. Bandai's peaks collapsed during the eruption.

In warmer months, the narcissus flycatcher (*Ficedula narcissina*), with its distinctive yellow-orange breast, and the brown Japanese bush warbler (*Horornis diphone*) can be seen around the pond, along with butterflies like the high brown fritillary (*Fabriciana adippe*) and the Japanese dart (*Potanthus flavus*). Dragonflies, cicadas, and frogs also dwell in the area.

In summer, daisy-like blooms of *sawaoguruma* (*Tephroseris pierotii*) add splashes of vivid yellow to the shore area of the pond, and the Siberian hydrangea (*Hydrangea serrata* var. *yesoensis*) accents the landscape with pale blue and pink petals. In autumn, a palette of oranges and reds unfolds across the land, while a layer of snow blankets the ground in winter.